

Mother's Day

"No Language can express the power, beauty, heroism and majesty of a Mother's love."

STARTERS

HOMEMADE VEGETABLE SOUP (V) €6.50
Enjoy a bowl of Hearty Soup served with Homemade Brown Bread. [N/CY/SP/G] (GF without bread)

GOLDEN FRIED SESAME & PANKO KING PRAWN €11.50
Served with Chef's Seven Spice Sauce, dressed with Micro Greens and Lemon Wedge. [G/C/E]

GOLDEN CRUSTED BRIE WEDGES (V) €10.50
Golden Fried with House Salad and Red Currant Relish. [D/E/SP/G/N/S/MS]

CHICKEN WINGS YOUR WAY (GF) €9.50
Fresh Chicken Wings served with your choice of Smokey Barbeque Sauce or Frank's Hot Sauce and drizzled with Cashel Blue Cheese Dip. [CY/MS/D/SP/M]

CRISPY DUCK SPRING ROLLS €9.50
Strips of Marinated Duck Breast, Oriental Vegetables, encased in a Filo Pastry, with Satay Sauce, Peanut Crunch and House Salad. [MS/G/E/D/SP]

CHICKEN & MUSHROOM MINI VOL AU VENTS €10.50
Saute Chicken and Mushrooms in a Garlic and White Wine Sauce, with Puff Pastry and Dressed Rocket Leaves. [D/G/SP/MS/E] (Also adaptable for Vegetarians)

MAINS

ROAST STUFFED TURKEY & HAM €17.00
Served with a Red Wine Jus, Honey Seasonal Vegetables and Whipped Parsley Cream Potatoes. [G/C/D/N]

ROAST BEEF €17.00
100% Irish Roast Beef, served with Yorkshire Pudding, Seasonal Vegetables, Whipped Creamed Potato and Homemade Gravy. [SP/G/D/L] (Gluten Free without Yorkshire Pudding)

QUAY WEST CRISPY CHICKEN SATAY €18.00
Crispy Chicken served with a Medley of Fresh Vegetables and a Homemade Satay Sauce with Wild Black Basmati Rice and homemade Chips. [E/S/D/N/P]

10oz SIRLOIN STEAK €29.50
Served with Sautéed Onions and Mushrooms, Sumo Fries, Homemade Onion Rings. Please choose one of the following to accompany your Steak;
House Gravy /Pepper Sauc/Garlic Butter.
[D/E/SP/G/S]

PAN SEARED STEAK SANDWICH €19.50
8oz Sirloin Steak served on a Toasted Ciabatta, Sauté Onions, Mushrooms and Garlic Mayo with Chips & Pepper Sauce. [D/SP/G/N/S]

FLAME GRILLED IRISH BEEF BURGER €18.00
8oz Irish Homemade Steak Burger with Ballymaloe Relish, Streaky Bacon, Iceberg lettuce, Tomato, Melted Red Cheddar, Crispy Onions in a Floury Bap and Quay West Chips with Garlic Mayo and Parmesan Cheese. [G/D/N/E/S]

CHEF'S CAJUN CHICKEN FILLET BURGER €18.00
Golden Fried with a Cajun Crumb, served on a Toasted Flour Bap with Iceberg Lettuce, Tomato, Melted Red Cheddar, Baconnaisse Sauce and served with Chips. [G/N/E/MK/D/S]

PAN FRIED ESCALOPE OF CHICKEN (GF) €17.00
Served with Champ Mash, Seasonal Vegetables, Smokey Bacon, Leek and Mushroom Sauce.
[MK/D/SP]

Connacht Print & Signs, Ballina, 096 77468

MAINS

THAI GREEN CURRY (GF)
Chef's Thai Green Curry, Mixed Green Vegetables, Chefs Secret Spices, Coconut and Wild Black Basmati Rice, Crispy Papadum, Homemade Chips.
Choose from: Chicken €18.00 / Beef €19.00 / King Prawn (M) €20.00, / Combo €24.00 / Vegetarian €16.50 [D]

QUAY WEST HOMEMADE CHICKEN DRY HOT & SPICY CHICKEN (GF) €19.50
Fresh Chicken Pieces coated with House Spices, Garlic, Sliced Onions and Chillies. Served with Gluten Free Curry Sauce and Wild Black Basmati Rice or Homemade Chips. [E/D/N]

HOMEMADE BATTERED FISH & CHIPS €19.50
Salt and Vinegar await your Fresh Cod and Chips with Mushy Peas, Tartar Sauce. [F/D/G/S/E]
(GF option available on request)

OVEN BAKED SEA BASS (GF) €23.00
Wok Fried Baby Potatoes, Baby Corn, Garden Peas, Sweet Cherry Tomatoes, Cauliflower Puree, Fish Velouté. Drizzled with Balsamic Glaze. [D/SP/F]

OVEN BAKED DUO OF COD & SALMON (GF) €24.00
Served with Seasonal Vegetables, Whipped Creamed Potato and a Tarragon Cream Sauce. [SP/D/F]

PENNE CARBONARA €17.50
Chicken Strips, Smokey Bacon Lardons, Spring Onion, White Wine Cream Sauce with Penne Pasta, smothered in Parmesan Cheese with Garlic Ciabatta Bread. [G/D/N/S] (Also Adaptable For Vegetarians)

VEGETARIAN OPTIONS AVAILABLE
Please ask your Server

ALL BEEF IS IRISH IN ORIGIN,
CHICKEN IS IRISH AND DUTCH IN ORIGIN

DESSERTS

PLEASE ASK YOUR SERVER FOR OUR DESSERTS